

STAFF Personal Trainer Overview



We are looking for high energy, successful and professional candidates who understand the benefits of the health/fitness business and have a goal of a healthy life style for all. We are seeking candidates who are willing to stay up-to-date on the latest research and advanced training techniques, and are passionate about fitness. We offer a structured program but welcome your ideas.

Job Description

- Must be RESPONSIBLE and DEPENDABLE!
- Have daily scheduling flexibility ensuring ALL assigned and scheduled clients are trained.
- Instruct clients through individualized fitness programs.
- Maintain accurate paperwork for clients and sessions.
- Follow prescribed programs and also help develop safe and effective fitness programs for clients, including cardiovascular, strength training, and flexibility components, based on their goals and motivations.
- Help enforce club rules and regulations.
- Assist in keeping the club clean and orderly. (sanitize equipment, rerack weights)
- Communicate any equipment problems, member concerns, or suggestions to the Club Owner.
- Bilingual Spanish speaking preferred but not required.

Required Education, Certifications and Experience

- High School Diploma or GED required
- Preference will be given to individuals with a college degree in a health/fitness related field: Exercise Physiology or Physiology/Kinesiology
- Nationally recognized personal training certification from NSCA, NASM, ACE, ACSM, ISSA. Other certifying bodies may be considered. Certifications must be in place prior to hire.
- Current CPR/First Aid/AED certification, required.
- Knowledge of personal training software programs, a plus.
- Prior P/T experience preferred, six months or more. Will train right person.

Benefits

- Access to business growth tools in our marketing/scheduling/billing software
- Access to leads generated from clients in our fitness club looking for your services
- Great way to get client referrals and train all your clients in one place
- Reputable gym location gives your business a professional appearance
- You are promoted on our club's website and social media
- Gym handles billing, payments and contracts with clients
- Club pays you flat rate per completed session
- Access to free Wi-Fi, air conditioning, bathrooms, shower, ample parking
- FT/PT Available. Set your own schedule.
- Ability to train 24/7 with secure access
- Free Gym Membership for Trainer
- Discounts on memberships available for your clients